

Virtual

Tuerk Conference on Mental Health & Addiction Treatment

Program Schedule 2020 Vision: Working Together During Challenging Times

Conference Chairman, Robert White, LCPC, *Director of External Affairs and Business Development, University of Maryland, Department of Psychiatry*

8:30 – 8:40 am **Welcome, Opening Remarks**

Robert White, LCPC, *Director of External Affairs and Business Development
University of Maryland, Department of Psychiatry*

8:40 – 9:30 am



PLENARY: The Social Determinants of Health and Recovery
Kevin Lindamood, MSW, *President & CEO, Health Care for the Homeless*

Recovery is influenced by more than the disease of addiction and its effects on body function and structure or health-related behaviors. Social and economic opportunities affect people's ability to live, learn, work, and play. Basic human needs such as housing, food security and access to health care will have a primary and significant impact on whether a person can recover from addiction. Health systems locally and across the country are recognizing the important relationship between housing stability and success in treatment. Emerging paradigms in homeless services, health care, and addiction treatment challenge all of us to examine practices, policies, and interventions that best promote residential stability and long-term recovery.

9:45 – 10:45 am



PLENARY: DopeSick: America's Epidemic

Beth Macy, Author

Beth Macy explores how America's twenty-plus year struggle with opioid addiction started, how it spread from the inner-city to the distressed small communities in Central Appalachia to wealthy suburbs; and it's heartbreaking trajectory that illustrates how this national crisis has persisted for so long and become so firmly entrenched. Through unsparing, yet deeply human portraits of the families and first responders struggling to ameliorate this epidemic, each facet of the crisis comes into focus. In these politically fragmented times, Beth Macy shows, astonishingly, that the only thing that unites Americans across geographic and class lines is opioid drug abuse. But in the end, Macy still finds reason to hope - and see's signs of the spirit and tenacity necessary to build a better future for communities, families and those addicted.

11:00 am – 12:00 pm



PLENARY: Focusing On Police Reform Requires A Public Health Lens

Major Neill Franklin, *Retired, MD State Police, Baltimore Police Training Division*

During this time when all eyes are on specific police reforms, recommendations of disbanding the police to legislative action, we are missing the bigger picture of public health and its direct nexus to police reform. With a meaningful focus upon public health (improving community mental health, housing for the homeless, addiction treatment, economic stability, education, nutrition, etc.), long-term public safety improvements are inevitable. Improved public safety paves the way for transferring law enforcement dollars into neighborhood services and dramatically reduces police citizen interaction, resulting in a reduction in police violence.

12:15 – 1:00 pm



PLENARY: The Mechanisms of Change and the Stages of Change Model

Carlo C. DiClemente, PhD, ABPP, *Co-developer of the Trans Theoretical Model (TTM)*

Dr. DiClemente identifies the stages and processes involved in initiating, modifying, maintaining, or stopping any pattern of behavior. Grounded in extensive research, and illustrated with vivid case examples, his work shows how using the TTM can help overcome obstacles to change and make treatment and prevention more effective.

1:00 – 2:00 pm

Lunch Break

Please take time to visit sponsor and exhibitor links.

Choose One from each Session

2:00 – 3:30 pm

SESSION 1:

- A Promoting Employment in Recovery
- B 2020 Update: Recent Research Greatest Hits
- C Vaping and Addiction
- D The Intersection of ACEs and Addiction:
What if Our Biggest Challenges Start with the Smallest of Us?
- E Sexual Health in Recovery
- F Families Supporting Families in Recovery

3:45 – 5:00 pm

SESSION 2:

- G Decriminalization of Drug Use
- H Alcohol Marketing and Youth Alcohol Consumption
- I Opioid Epidemic Updates
- J Medical Cannabis: *What the Addiction Treatment Field Should Know*
- K The Gateway from Gaming to Gambling: *Gaming and Gambling Activity Collide*
- L Addiction Treatment in the Time of COVID-19