

Virtual

Tuerk Conference
on Mental Health & Addiction Treatment

A Progressive
Approach to Recovery

September 23, 2021

7:30 am to 5 pm

Plenary Speakers



Aliya Jones
MD, MBA



John F Kelly
Phd, ABPP



Michael E. Johnson
MSW, CAAC



Peter Yellowlees
MBBS, MD



Program Schedule

7:30 – 8:20 am

Morning Networking Session

Special zoom sessions to meet and greet representatives of our Platinum and Silver Sponsors / All Sponsor Exhibit areas are open during this session. All registrants are welcome to attend.

8:20 – 8:25 am

WELCOME, Opening Remarks

Rob White, LCPC, *Chairman, Director External Affairs and Business Development
Department of Psychiatry, UMB/UMMS/FPI*

8:25 – 9:25 am

**PLENARY: Weathering the Storm: The Response of Maryland's Behavioral Health Administration to the Covid-19 Pandemic**

Aliya Jones, MD, MBA, *Deputy Secretary, Maryland Behavioral Health Administration*

Dr. Jones came to the Behavioral Health Administration as Deputy Director exactly at the onset of Covid-19. Right from the start, she had to lead during a once-in-a-lifetime public health crises. Dr. Jones will discuss some of the strategies she engaged to manage the fall-out from the pandemic, and will talk about how the MBHA will be moving forward.

9:25 – 10:25 am

**PLENARY: The Protective Wall of Human Community: The New Research on the Efficacy, Cost-Effectiveness, and Mechanisms of Alcoholics Anonymous and Twelve-Step Treatments**

John F. Kelly, PhD, ABPP, *Elizabeth R. Spallin Professor of Psychiatry in the Field of Addiction Medicine
at Harvard Medical School*

While several hundred studies have been published investigating the effectiveness of Alcoholics Anonymous and related AA-based treatments, it is only during the past 25 years that rigorous scientific research has been devoted to investigating AA's clinical and public health utility and the mechanisms through which AA confers its benefits. Stimulated by a call for more research from the Institute of Medicine of the National Academy of Sciences, this new evidence has uncovered novel findings that demonstrate the benefits of linking patients to groups like AA to enhance the chances of remission, improved quality of life, and reduce health care costs. Findings also suggest that the growing array of community-based mutual-help organizations (e.g., SMART Recovery, LifeRing, Celebrate Recovery) and other recovery support services (e.g., Recovery Community Centers) have the potential to add meaningfully to our public health infrastructure and amplify the benefits stemming purely from professional efforts alone. This presentation will review the latest, rigorous, scientific findings from a systematic review of the evidence on AA/12-step treatments and review what is known empirically regarding how exactly benefits are conveyed. Implications for substance use disorder health care approaches will be discussed.

10:30 – 11:30 am

**PLENARY: The Impact of COVID on Recovery for Communities of Color**

Michael E. Johnson, MSW, CAAC, *Nationally Recognized Trainer and Lecturer in the Field of Addictions
and Personal Recovery*

Michael is known for his provocative lecturing style relative to the field of counseling, addiction and recovery and issues associated with human struggles that are often ignored but so much a part of being alive. He is engaging and notorious for including audience experiences in his presentations. He has developed a series of educational DVD's that are shown throughout the United States within residential AOD treatment settings, correctional institutions, and prevention programs. He has worked as a consultant for the Michigan Department of Corrections, New York Department of Corrections, the Federal Bureau of Prisons as well as numerous Drug Courts throughout the country.

11:40 am – 12:40 pm

**PLENARY: Telemedicine, Provider Well-being and Addictions**

Peter Yellowlees, MBBS, MD, *Chief Wellness Officer, UC Davis Health, Allan Stoudemire
Endowed Professor of Psychiatry*

The relaxation of a number of regulations that previously inhibited the use of telemedicine during COVID-19 has enabled the more effective treatment of substance use disorders nationally. An unintended consequence has been an improvement in the well-being of providers who are now able to work in a much more flexible manner than previously. The future use of a variety of technologies and changed medical and psychiatric practices in treating patients with addictions will be discussed.

12:40 – 1:30 pm

Lunch Break and Unsung Heroes Awards Zoom Ceremony

Afternoon Workshops — Choose one Session 1 and one Session 2 Workshop found on the next three pages

1:40 – 3:00 pm

Session 1 Workshops — A, B, C, D, E and F Workshops available

3:00 – 3:30 pm

Afternoon Networking and Focus Groups (Platinum Sponsors) — This event is open to all registrants.

3:40 – 5:00 pm

Session 2 Workshops — G, H, I, J, K and L Workshops available

Choose One

Workshops

1:40 – 3:00 pm

Session 1 Workshops (A through F)

A

COVID Burnout and Self Care for Counselors**Michael E. Johnson, MSW, CAAC**, *Nationally Recognized Trainer and Lecturer in the Field of Addictions and Personal Recovery*

For practitioners in behavioral health care settings, self-care can be integral to relieve stressors associated with Covid-19. Participants in this workshop will learn strategies and will discover the benefits of engaging in self-care practices during these stressful times. There has been a rise in anxiety, stress and health anxiety among the general population, however practitioners are also dealing with these issues. The experience has been emotionally demanding on counselors and often is left unaddressed.

B

How We Learn: Generational Trauma and Adverse Childhood Experiences as Risk Factors for Addiction**Frank J. Kros, MSW, JD**, *President and Founder, Kros Learning Group*

Stress creates vulnerabilities in nearly every aspect of human development and the drive for stress relief is a powerful motivator of human behavior. When family stress is severe, chronic and perhaps traumatic, every family member is challenged and vulnerable. In these times of extreme vulnerability, behaviors that contribute to addiction may emerge in the search for stress relief. Families learn first from one another and these stress-relief lessons may be passed from generation to generation. This presentation will trace this pathway from original trauma to vulnerability to behavior to generational transfer and highlight the primary role stress management plays in prevention, addiction and recovery.

C

Psychedelics in Mental Health Treatment**Matthew W. Johnson, PhD**, *Johns Hopkins University School of Medicine, Department of Psychiatry and Behavioral Sciences, Professor of Psychiatry / Associate Center Director*

Dr. Johnson has personally guided over 100 psychedelic sessions and supervised the administration of over 600 psychedelic sessions. Aside from his psychedelic research, Dr. Johnson conducts behavioral economic research on both addiction and sexual risk associated with drug abuse. He has published numerous seminal studies determining the relevance of delay discounting, or the devaluation of future consequences, in addiction. He published the first human research determining the effects of cocaine administration on sexual decision making, and has conducted numerous studies determining the role of nicotine and nonpharmacological factors in tobacco use, including current research funded by the FDA determining behavioral economic liability effects of potential cigarette nicotine reduction regulation. Dr. Johnson has published studies on nearly all psychoactive drugs classes, publishing studies involving human administration of cocaine, methamphetamine, tobacco/nicotine, alcohol, sedative-hypnotics, caffeine, and the psychedelics psilocybin, salvinorin A, and dextromethorphan.

D

Peers Speak Out: Priority Outcomes for Substance Use Treatment and Services**Orla Kennedy, MSPH**, *Senior Policy Analyst, Community Catalyst***Alice Dembner, BS**, *Program Director, Community Catalyst*

What do patients want from substance use treatment? Their answers can drive better care. The **Patients Lead** project is the first national examination of treatment and recovery services outcomes prioritized by people with substance use disorders. Engaging nearly 900 people across the country through focus groups and an online survey, the project found that people prioritized survival and improving their quality of life and placed less priority on completely stopping all drug and alcohol use. These and other project results provide direction for reshaping research, services and policies to ensure substance use disorders treatment and services are designed and delivered in a way that helps individuals seeking those services achieve the outcomes they want. This is an important step in addressing the national epidemic of substance use disorders.

E

Stimulants Resurgence: Another Epidemic**Dave Gorelick, MD, PhD, DLFAPA, FASAM**, *Professor of Psychiatry, University of Maryland School of Medicine*

Use of stimulants (amphetamines, cocaine, prescription stimulants) remains a significant clinical and public health problem in the U.S. For example, overdose deaths associated with stimulant use have increased three-fold in the past decade. This workshop will provide current information for clinicians on the epidemiology of stimulant use and use disorder and their diagnosis and treatment, including the relationship with opioid use disorder and with stimulant overdose.

F

Alcoholism Among Seniors**Raimee H. Eck, PhD, MPH, MPAS**, *Principal, Sonrisa Solutions*

Alcohol is a major part of the culture of the United States, with an estimated 15 million Americans over the age of 18 reported having Alcohol Use Disorder. A growing number of people in this group are seniors. The workshop will explore the many problems associated with these growing numbers, such as, increased emergency room visits, admissions to psychiatric hospitals, serious medical conditions, and the difficulty in diagnosing the severity of the problem.

Choose One

Workshops

3:00 – 3:30 pm

3:40 – 5:00 pm

G

Afternoon Networking and Focus Groups (Platinum Sponsors) — *This event is open to all registrants.***Session 2 Workshops (G through L)** — *found on this page and the following page***Update on the Recovery Coach's Evolving Role & Emerging Opportunity:
Building the Recovery Care Team****Johanna M. Dolan, SIC, RCP, RPS, CEO, Dolan Research International and recognized leader, author, speaker and advocate**

The goal of value-based care delivery and payment models is to incentivize addiction treatment providers to move away from high volume, traditional, fee-for-service models. Participants of this workshop will:

- Leave with an introduction to the Addiction Recovery Medical Home Alternative Payment Model (ARMH-APM) — a value proposition for the Recovery Care Team and the emerging role of peer support;
- Gain insight to educate, prepare, and position recovery coaches to deliver on their value while staying current within their field; and
- Envision the decision makers process of integrating, operationalizing, and quantifying recovery support services into the treatment and recovery plan to support recoverees in building the recovery capital they need for long term success in recovery.

H

Phil McKenna Institute

Employee Assistance Professionals Association (EAPA), Chesapeake Chapter, initiated the Phil McKenna Institute (PMI) in 2001. Established to honor the memory of Mr. McKenna, the first chapter president by bringing awareness and training to professionals who address the needs of employees and their families.

Cannabis: Your State May Say "OK" but Your Job Says "No Way"**Tamara Cagney, EdD, MA, BSN, CEAP, MFT, LPCC, Employee Assistance Professional, Distinguished Member of the Laboratory Staff, Sandia National Laboratories**

Employers have been grappling with confusing cannabis laws for years — and the rules are getting tougher to navigate as more states add employment protections. Fifteen states now have legal adult recreational use. Over 30 states have approved medical cannabis. And even though Cannabis remains a Schedule I drug under the federal Controlled Substances Act more and more states are either enacting cannabis laws with express employment protections or resolving court cases in favor of cannabis users. Increased access to cannabis results in increased use and increased risk especially for safety sensitive employees. The number of safety sensitive employees testing positive continues to climb and CBD throws another wrench in the employment picture. We will look at cannabis and CBD through the lens of the workplace and the challenges employers and employees are facing.

I

Joanna Franklin Workshop

This workshop was established to honor the memory of Ms. Franklin for her outstanding contributions to the field of Gambling Addiction. Throughout her career, she was dedicated to helping the citizens of Maryland understand the problems associated with gambling addiction and had trained hundreds of clinicians throughout the state to be effective with gambling addiction clients.

Sports Betting Panel**Breanne Doura-Schawohl, Vice President of US Policy and Strategic Development, EPIC Risk Management****Patrick Willard, Director of Policy and Advocacy, National Council on Problem Gambling****Representative, Maryland Lottery and Gaming Control Agency****Representative, Major League Sports****Moderator: Blair Inniss, Government Relations Director, Maryland Center of Excellence on Problem Gambling**

Legalized Sports Betting is the current hot topic among legislators, regulators, sports organizations, and the general public. In Maryland, the General Assembly passed legislation in April 2021 to legalize sports betting in the state. Although sports betting legislation can vary from state-to-state here in the U.S., and even country-to-country internationally, one thing is consistent: sports betting legislation is removing the barriers on how and where to bet by increasing the accessibility to place a bet. Join us for an interactive panel discussion that will take a closer look at sports betting legislation from a variety of perspectives:

- What responsible gambling provisions are being implemented internationally and nationally regarding sports betting
- Proposed comprehensive regulations being drafted by the Maryland Lottery and Gaming Control Agency
- How sports organizations are responding to implementation of sports betting.

J

Performance Improvement at an Addiction Treatment Center**Sunil Khushalani, MD, DLFAPA, FASAM, Chief Medical Officer, Kolmac Outpatient Recovery Centers****George Kolodner, MD, DLFAPA, FASAM, Founder, Chief Innovation Officer, Kolmac Outpatient Recovery Centers**

Each of us working in the current health system has grappled with our system's inadequacies and shortcomings. We are reminded repeatedly that our system and organizations are fraught with quality and safety problems that leave patients and their families dissatisfied at the receiving end of sub-standard care. There is a wide range of issues, from difficulties such as access-to-care to errors to complications stemming from poor care. Even modern advancements such as EMRs have created their own unique challenges. Any care system or organization should be designed to deliver the right quality at the right time and the right cost because our patients and their families deserve nothing less.

Mental health and addiction professionals have gotten used to doing whatever it takes to provide each of our patients with everything they need to keep them healthy. In doing so, we have not been able to view the big picture of how our systems and organization operate, especially from the patient's point of view. We do not

see next page

Choose One

Workshops

have a clear idea about which of the steps in our processes add value and which are just wasteful. Many of these steps do not add any value to the patient or their experience of care. Workarounds, excessive documentation, and over-reliance on auditing ensure quality has become an accepted reality in our highly regulated industry. Nevertheless, it is a widely accepted fact that a conservative 30-50% of everything we do does not add value to our patients' lives. Many of us have also not been taught the necessary performance improvement skillset, which is prevalent and widely used in other industries such as manufacturing or aviation. The workshop will introduce performance improvement principles, concepts such as waste and value and demonstrate practical applications as they are applied to improvements at an addiction treatment center.

K

Hiding in Plain Sight: Understanding the Presence and Impact of Brain Injury on Individuals Living with Substance Use Disorders

Anastasia B. Edmonston MS CRC, Grant Coordinator, Maryland Federal Traumatic Brain Injury Partner Grant, Maryland Behavioral Health Administration

In the United States, Traumatic Brain Injury (TBI) is a major health issue and a leading cause of death and disability with at least 2.8 million emergency department visits, hospitalizations or deaths related to TBI a year. As high as this figure is, it is not representative of all Americans who have been affected by and are living with the long-term consequences of TBI, as many impacted do not come to the attention of medical professionals. This is particularly true for those who have a history of mild and multiple mild TBI (mTBI). Individuals who are; incarcerated, those served by the public behavioral health system, victims of Intimate Partner Violence and people who use drugs are groups known to have high rates of TBI, often hidden, undiagnosed and untreated. Individuals who are living with a history of brain injury commonly experience neuropsychiatric issues that impact their ability to engage with and benefit from addiction treatment such as memory, impulse control and poor attention and concentration, resulting in termination from services and an erosion of the clinical alliance with those who are trying to support recovery efforts. It is not uncommon for brain injury related symptoms to be misattributed to psychiatric disorders and/or a lack of interest and motivation for recovery.

In addition to TBI, Acquired Brain Injury (ABI) is noted among individuals who survive an opioid overdose or overdoses due to oxygen deprivation to the brain, secondary to overdose. These individuals also experience challenges in successful engagement with treatment and recovery because ABI, like TBI, affects those parts of the brain critical to decision making, memory and impulse control. It is not uncommon for an earlier TBI and an opioid use disorder to magnify the adverse effects of the other, with each insult to the brain creating more challenges to both the individual, their families and treatment professionals.

This intersection of both conditions unfortunately is becoming more frequently noted by Overdose Fatality Review teams as they look for clues in the histories of those who have passed of a fatal overdose. This presentation will provide an overview of common brain injury sequelae, how professionals can screen for a history of brain injury and share simple strategies and accommodations that can promote engagement with and benefit from treatment and long-term recovery.

L

Harm Reduction 101

Harriet Smith, Director of Education, Executive Leadership Team, and Baltimore Harm Reduction Coalition

Baltimore Harm Reduction Coalition mobilizes community members for the health, dignity, and safety of people targeted by the war on drugs and anti sex-worker policies. The organization advocates for harm reduction as a part of a broader movement for social justice. Participants will discuss many issues that are on the legislative agenda now and in the coming year.

Total Contact Hours: 6 hours and 10 minutes

Planning Committee

Robert White, LCPC
Chairman, Director of External Affairs and Business Development
Department of Psychiatry
UMB/UMMS/FPI

Laura J. Adler, BSN, RN, CARN
Director of Nursing, Hope House
Treatment Center

Wanda Binns, LCSW-C
EAP Manager, UMMS Dept. of
Psychiatry

Amy Johnson, AA
UMMS EAP

George Kolodner, MD
Kolmac Outpatient Recovery Centers

Gerald E. Marti, MD, PhD
MDSAM

Sylvia McCree-Huntley, EdD
UMMS Dept. of Psychiatry

Anthony S. Parente, MA, LCPC,
NCC, MAC, ICGC II, BACC

Susan Pompa, BS
Associate Director, NCADD-MD

Keith R. Richardson, CAC-AD, CAS
Warwick Manor Behavioral Health

Nancy Rosen-Cohen, PhD
Executive Director, NCADD-MD

Cynthia Terl
Community Advocate

Christopher Welsh, MD
University of Maryland School
of Medicine

Purpose and Objectives

Purpose

The purpose of the conference is to increase the participants understanding of current issues in the field of mental health and substance use disorders. This includes: the impact of COVID on the Maryland treatment system and communities of color, the effectiveness of AA, the use of telemedicine, the impact of generational trauma, research on the use of psychedelics in treatment, updates on the effectiveness of peer counselors, the resurgence of methamphetamines and other stimulants, underage drinking, and the impact of sports betting on problem gambling.

The annual Tuerk conference continues to be the premier conference in the Maryland region for providers, administrators, counselors and advocates to learn about the latest information on events and changes that will affect them. It is vitally important for professionals in this field to stay informed about these changes and their impact on patient care.

Other topics that will be covered include: EAP response to COVID, quality improvement in healthcare, burnout and self-care for counselors and recovery coaching.

Objectives

Upon Completion you will be able to:

- 1 Describe the impact of the COVID pandemic on the addiction treatment system.
- 2 Explain how telemedicine has been used to facilitate treatment and recovery during COVID.
- 3 Describe the scientific basis for the effectiveness of AA.
- 4 Identify how the COVID epidemic affected recovery in communities of color.
- 5 Explain how the introduction of sports betting will affect problem gambling.
- 6 Describe the resurgence of stimulants and methamphetamines as drugs of abuse.
- 7 Explain the latest trends in underage drinking.

CEUs and CME Credits

CEUs

Participants will receive six (6) CEUs for the following disciplines: Advanced Nurses, Certified Addiction Counselors, EAPs, Social Workers, Professional Counselors, Peer Recovery Specialists, Psychologists and Dentists. Clear instructions will be provided to access your 6 CEUs and certificate. CEUs will be awarded for either live or recorded participation.

CME Credits

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of University of Maryland School of Medicine and the National Council on Alcoholism and Drug Dependence, Maryland. The University of Maryland School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation: The University of Maryland School of Medicine designates this LIVE activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Only LIVE sessions will yield CME credits.

Americans with Disabilities Act

All sessions will be offered with Closed Captions to accommodate those with special needs.

Faculty Disclosure

Alliance between a speaker and (1) the manufacturer(s) of any commercial product(s) and/or providers of commercial services discussed in an educational presentation or (2) any commercial supporters of the activity must be disclosed to the audience to determine whether the speaker's interests or relationships may influence the presentation with regard to exposition or conclusion.

Board Members



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James Quinn



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Bedell Terry



Christopher Welsh

Faculty

Tamara Cagney, EdD, MA, BSN, attended the University of South Carolina and received a BS in Nursing. Following graduation, she served in the US Army Nurse Corp specializing as a Psychiatric Nurse Clinician. She later received her master's degree in counseling psychology from the University of San Francisco. During her masters studies she worked at the Veterans Administration specializing in the treatment of substance use disorders. Dr. Cagney also earned her doctorate degree in counseling psychology. She is a licensed marriage family therapist, a licensed professional clinical counselor, a certified coach and a certified employee assistance professional. Tamara is the Past President of the International Employee Assistance Professionals Association. Dr. Cagney has provided Employee Assistance Program (EAP) services for over 45 years in both the public and private sectors, in unionized and non-unionized settings. For the last twenty years, she has served as a Distinguished Member of the Laboratory Staff in the role of internal employee assistance professional at Sandia National Laboratories, a DOE research laboratory. She also provides clinical consultation to the Northern California Teamsters' Assistance Program. She conducts national training for DOT Substance Abuse Professionals throughout the country.

Alice Dembner, BS is Program Director for Substance Use Disorders and Justice-Involved Populations at Community Catalyst, a leading non-profit national health advocacy organization dedicated to advancing a movement for health equity and justice. The program helps people lead healthier lives by working to improve health services and community supports that address problematic use of drugs and alcohol. Key initiatives include ensuring access to quality services, promoting treatment and social services rather than arrest and incarceration, expanding insurance coverage and benefits, advancing early intervention with youth, and integrating substance use services fully into the health system. Dembner's role includes strategic direction, program management, fund-raising, overseeing state issue campaigns, research and policy analysis, public speaking, coaching and working with local, state and national partners. She and her team do direct advocacy in Washington, DC, and provide technical assistance to state and local organizations across the nation. Prior to joining Community Catalyst in 2008, Alice was an investigative and analytic journalist. During 30 years as an award-winning reporter and editor, she informed policymakers, influenced public opinion and spurred change. She holds a bachelor's degree from Yale University, magna cum laude.

Johanna M. Dolan, SIC, RCP, RPS, has been coaching people in recovery for 10+ years. Johanna is dedicated to helping people discover and put into action the tools, principles, and strategies necessary to raise their lives from mediocrity and failure to living life beyond their wildest dreams. Johanna is an avid student of metaphysics, a graduate of Inner Visions Institute for Spiritual Development, Robbins-Madanes Training Center, the University of Metaphysics, and holds a Bachelor of Science in Psychology in Applied Behavior Analysis from Purdue University Global. Johanna is a member of the International Coaching Federation, a member of the Maryland Behavioral Health Advisory Council, a columnist with Baltimore OutLoud, and founder of Dolan Research International, LLC.

Breanne Doura-Schawohl serves as Vice President of US Policy and Strategic Development for EPIC Risk Management. She most recently served as Legislative Director for the National Council on Problem Gambling (NCPG). Her experience includes a decade of leadership in advocacy, public policy, government affairs, communications, and member relations. Ms. Doura-Schawohl's experience spans a wide range of work with executive and legislative branch officials and private sector stakeholders at the international, federal, state, and local levels of government. She has a history of experience and achievements in United States Congressional legislative work, including a diverse portfolio of complex problem gambling policy issues. This continues to be invaluable in her ability to make a difference on behalf of people with gambling problems around the world. Doura-Schawohl works with Congress and many state legislatures to provide expert advice on gambling policy. She continues to work with stakeholders on both sides of the aisle in state legislatures across the country.

Raimee H. Eck, PhD, MPH, MPAS, CPH, has over 13 years of public health training and experience, focusing on the epidemiology of alcohol use and harm, environmental interventions to reduce acute and chronic causes of alcohol-related harm, and translating research into effective policy. She is a Past President of the Maryland Public Health Association (MdPHA), the state affiliate of the American Public Health Association (APHA), and currently Co-Chair of the Advocacy Committee. She is also the Founder and Principal of Sonrisa Solutions, providing consultancy expertise on topics such as alcohol epidemiology, regulation, and enforcement; public health policy translation; and advocacy in the form of research reports, workshops, webinars, and interactive trainings. Raimee received her Bachelor of Health Science and Master of Physician Assistant Studies from Duquesne University in Pittsburgh, PA and later her MPH and PhD from the Johns Hopkins Bloomberg School of Public Health (JHSPH). She completed a postdoctoral fellowship with the Behavioral Research Program at the National Cancer Institute. She also teaches Media Advocacy in the Department of Health, Behavior & Society and is on faculty for the Center of Public Health Advocacy at JHSPH.

Anastasia Edmonston, MS, CRC, currently serves as the Project Coordinator for the Maryland Behavioral Health Administration's Federal Traumatic Brain Injury Partner Grant. In this capacity she provides coordination of Project initiatives including; training on the topics of brain injury, person centered thinking and planning to professionals who work in the fields of aging, mental health and addiction (with a focus on the link between addiction and brain injury) and law enforcement. Ms. Edmonston has worked in the field of rehabilitation services for individuals impacted by brain injury for over 30 years in both inpatient and outpatient services, as a case manager, program coordinator, advocate and vocational rehabilitation counselor. She obtained her MS in Rehabilitation Counseling from Boston University and is a Certified Rehabilitation Counselor. She earned a post graduate certificate in Instructional Systems Development from the University of Maryland, Baltimore County in 2014.

Faculty

David A. Gorelick, MD, PhD, DLFAPA, FASAM, is Professor of Psychiatry (part-time) at the University of Maryland School of Maryland, having retired in October, 2013 from the Intramural Research Program of the National Institute on Drug Abuse (NIDA), US National Institutes of Health (NIH) in Baltimore, MD. His research interests include the clinical pharmacology of substance use disorders, substance withdrawal, and biological treatments of substance use disorders. Dr. Gorelick has authored or co-authored more than 200 peer-reviewed scientific articles and 50 book chapters. His recent work focuses on cannabis and its therapeutic uses. He has organized workshops on medical cannabis at annual meetings of the American Psychiatric Association and American Society of Addiction Medicine, presented on the topic at national and international medical and scientific conferences, and is editor-in-chief of the *Journal of Cannabis Research*.

Blair Inniss, JD, is the Government Relations Coordinator for the Maryland Center of Excellence on Problem Gambling at the University of Maryland School of Medicine. In her role, Blair works to expand and promote healthy gambling policies across the state of Maryland. Blair provides legal technical assistance on gambling laws, regulations, and policies to members of the state legislature and stakeholders. Blair is also a faculty member of the University of Maryland Carey School of Law where she supervises students in the clinical law program as they work on a variety of public health issues including tobacco control and problem gambling. Blair holds a JD from the University of Maryland Carey School of Law, where she also earned a certificate in health law and was awarded the 2013 student public service award for her contributions to furthering ideals of public service in the law. Blair is admitted to practice in Maryland.

Matthew W. Johnson, PhD, Professor of Psychiatry and Associate Center Director at Johns Hopkins, is an expert on psychedelics, other psychoactive drugs, and addiction. Dr. Johnson has published 119 scientific manuscripts, including 47 manuscripts focused on psychedelics. He has conducted research with psychedelics since 2004, and has conducted experimental research in psychopharmacology since 1996. Dr. Johnson has personally guided over 100 psychedelic sessions and supervised the administration of over 600 psychedelic sessions. Aside from his psychedelic research, Dr. Johnson conducts behavioral economic research on both addiction and sexual risk associated with drug abuse. He is the 2019 President of the Psychopharmacology and Substance Abuse Division of the American Psychological Association. He is also President-Elect of the International Society for Research on Psychedelics, playing a lead role in founding this organization. Dr. Johnson has been cited over 7,000 times in the scientific literature, and has received over 8 million dollars in research funding as principal investigator from NIH and non-profit foundations. He has reviewed grants for NIH, NSF, the US military, and multiple foreign governments, and is a standing member of the NIH Addiction Risks and Mechanisms study section. Dr. Johnson has been interviewed widely by national and international media, including the *New York Times*, *Washington Post*, *Wall Street*

Journal, *BBC*, *CNN*, *Fox Business News*, *NPR*, *CBS News*, *NBC News*, and Michael Pollan's recent book *"How to Change Your Mind: What the New Science of Psychedelics Teaches Us About Consciousness, Dying, Addiction, Depression, and Transcendence."*

Michael E. Johnson, MSW, CAAC, is a nationally recognized trainer and lecturer in the field of addictions and personal recovery. Over the years he has served the addictions field in many capacities; as a counselor, program director, consultant and trainer. He has developed a series of educational DVD's that are shown throughout the United States within residential AOD treatment settings, correctional institutions, and prevention programs. He has worked as a consultant for the Michigan Department of Corrections, New York Dept. of Corrections, the Federal Bureau of Prisons as well as numerous Drug Courts throughout the country. He served as faculty for Eastern Kentucky Universities Alcohol and Other Drug Studies for several years and has conducted classes at colleges and universities. He studied and graduated from Wayne State University in Detroit, Michigan, acquiring a Bachelor's Degree in Counselor Education (1988) and his Master's Degree in Social Work (1994). He is a Licensed Social Worker a Certified Advanced Addictions Counselor in the State of Michigan. He is also a Certified Trainer for the State of Michigan certification training for recovery coaches and the same with Connecticut Community for Addiction Recovery (CCAR). He holds both the Certified Peer Recovery Mentor (CPRM) and Certified Peer Recovery Specialist (CPRS) credentials himself.

Aliya Jones, MD, MBA, graduated from the University of Maryland Robert H. Smith School of Business and received her medical degree from the University of Virginia School of Medicine. She completed her Residency at the University of Maryland Medical Center, with a Fellowship in Addiction Psychiatry and Administrative Psychiatry. Dr. Jones is recognized statewide for expertise and leadership specifically as physician leader and addiction specialist. She served as Chief of Psychiatry and the Chair of Behavioral Health for seven years at Bon Secours Hospital in Baltimore. Since January 2020, Dr. Jones has served as the Deputy Secretary of Behavioral Health, responsible for Maryland's Public Behavioral Health System, serving over 300,000 individuals with direct oversight of a BHA Administrative and Service budget of \$400 million, in addition to clinical oversight of a \$1.6 billion Medicaid budget.

John F. Kelly, MD, ABPP, is the Elizabeth R. Spallin Professor of Psychiatry in Addiction Medicine at Harvard Medical School - the first endowed professor in addiction medicine at Harvard. He is also the Founder and Director of the Recovery Research Institute at the Massachusetts General Hospital (MGH), the Associate Director of the Center for Addiction Medicine (CAM) at MGH, and the Program Director of the Addiction Recovery Management Service (ARMS). Dr. Kelly is a former President of the American Psychological Association's (APA) Society of Addiction Psychology and is a Fellow of the APA and a Diplomate of the American Board of Professional Psychology. He has served as a consultant to U.S. federal agencies and non-federal institutions, as well as foreign governments and the United Nations. Dr. Kelly has published over 200 peer-reviewed

Faculty

articles, reviews, chapters, and books in the field of addiction medicine, and was an author on the U.S. Surgeon General's Report on Alcohol, Drugs, and Health. His clinical and research work has focused on addiction treatment and the recovery process, mechanisms of behavior change, and reducing stigma and discrimination among individuals suffering from addiction.

Orla Kennedy, MSPH, is a Senior Policy Analyst for the Substance Use Disorders team at Community Catalyst, where she advocates for policy changes to improve substance use disorders treatment and recovery support services and promote alternatives to incarceration. Orla has experience in policy research and analysis, stakeholder engagement and technical assistance. She has worked at John Snow, Inc., Harvard School of Public Health and the Coalition to Stop Gun Violence. Orla brings her public health perspective to Community Catalyst, and is passionate about health equity and improving health outcomes for underserved populations. Orla has a Master of Science in Public Health from Johns Hopkins University, and a Bachelor's from Providence College.

Sunil Khushalani, MD, DLFAPA, FASAM, Chief Medical Officer, Kolmac Outpatient Recovery Centers, brings decades of experience in addiction treatment medicine to Kolmac's leadership team as the company grows and continues to innovate the treatment of substance use disorders in the telehealth and digital space. Dr. Khushalani joins Kolmac after spending the last 20 years at Sheppard Pratt Health System, where he was the Medical Director of Adult Services among other leadership roles. A pioneer in 'Lean Problem Solving,' he is on the faculty at The University of Maryland School of Medicine. Other honors include being voted a Top Doctor in Addiction Psychiatry by Castle Connolly and Baltimore Magazine, a distinguished fellow of the American Psychiatric Association, a fellow of the American Society of Addiction Medicine, and a member of the American College of Psychiatry. After medical school in Mumbai, India, Dr. Khushalani completed his psychiatry residency at the Department of Psychiatry at New York University Medical Center/Bellevue Hospital. He is board-certified in Psychiatry by the American Board of Psychiatry and Neurology. He is also certified by examination by the American Board of Addiction Medicine.

George Kolodner, MD, DLFAPA, FASAM, Founder, Chief Innovation Officer, Kolmac Outpatient Recovery Centers, is a board-certified addiction psychiatrist who specializes in the outpatient treatment of substance use disorders. In 1973, he founded the Kolmac Outpatient Recovery Centers – the first intensive outpatient ("IOP") addiction treatment program in the country. Dr. Kolodner received his MD from the University of Rochester and completed his psychiatric training at Yale University. He has made many presentations on addictions at the annual meetings of the American Society of Addiction Medicine and the American Psychiatric Association, of which he is a Distinguished Life Fellow. His publications on addictions include articles on co-occurring psychiatric disorders, cannabis, and outpatient withdrawal management. He is a Clinical Professor of Psychiatry at both the Georgetown University School of Medicine and the University of Maryland School of Medicine.

Frank J. Kros, MSW, JD, is a career child advocate, who has served as a childcare worker, child abuse investigator, children's home administrator, consultant, professor, attorney, writer and speaker. In April 2019, Frank started his own professional development, coaching and consulting agency, the Kros Learning Group (KLG). Prior to opening KLG, Frank served as president of the Transformation Education Institute, Director of the National At-Risk Education Network, and Executive Vice President of the Children's Guild Alliance, a multi-service children's organization headquartered in Maryland. Frank's work is focused on trauma and resilience and he was awarded a Maryland Governor's Citation for his presentations on suicide and the adolescent brain. In recognition of his presentations on childhood trauma, Frank was also the recipient of the 2019 Advocate of the Year Award from the Maryland State Council on Child Abuse and Neglect and Maryland Essentials for Childhood. Frank also co-authored the books *Creating the Upside Down Organization: Transforming Staff to Save Troubled Children (2005)* and *The Upside Down Organization: Reinventing Group Care (2008)*.

Patrick Willard, Director of Policy and Advocacy, National Council on Problem Gambling, brings a dozen years of health care advocacy at AARP and Families USA to the National Council on Problem Gambling. He was the Senior Director for State and National Strategic Partnerships, at Families USA, overseeing the organization's work with state and national advocacy partners. He also directed its annual Health Action conference for state and national consumer health advocates. Prior to joining Families USA, Patrick worked for AARP in Tennessee and in the National Headquarters in Washington, DC. His main responsibilities included helping direct the organization's state offices in support of Medicaid expansion efforts and initiatives to assist family caregivers.

Harriet Smith, is Executive Director of Baltimore Harm Reduction Coalition (BHRC). She brings over fifteen years of experience with various Baltimore area harm reduction, racial justice, and equity focused organizations and projects. She is also a long-time facilitator and board member with Baltimore Racial Justice Action (BRJA). Harriet received her master's degree in gender studies with a focus on health and sexuality from Towson University.

Peter Yellowlees, MBBS, MD, is Chief Wellness Officer at UC Davis Health and holds the Alan Stoudemire Endowed Chair in Psychiatry at UC Davis. He has conducted research in the areas of psychiatry, telemedicine, health informatics and physician health. Most of his research has been focused on the doctor-patient interface and how technologies can be used to promote high quality patient-centered care and improve physician well-being. He has written over 250 academic papers, book chapters and 7 books, and was the author and presenter of over 180 Medscape Psychiatry Minute video editorials from 2009-2019. He is regularly featured in the media and has presented numerous invited lectures nationally and internationally.



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