

In-person

**34th** Tuerk Conference  
on Mental Health & Addiction Treatment

**Public Health Solutions**

Early Bird Registration  
Supersaver: \$175 includes  
lunch and 6 CEUs

Register by July 15th  
to get reduced rate.

Featuring:



Ben Westoff  
Award-winning journalist,  
Author of "Fentanyl, Inc."

Ryan Hampton  
Founder of The Voices Project,  
Author of "Unsettled"



Ethan Nadelmann, JD, PhD  
Founder of Drug Policy Alliance



Michael McRae, PhD  
NYC Acting Executive  
Deputy Commissioner  
for Mental Hygiene



Sponsored by:

The National Council on Alcoholism and Drug Dependence, Maryland  
University of Maryland, School of Medicine, Department of Psychiatry, Division of Addiction Research and Treatment

**Thursday, September 15, 2022**

8:00 am to 5:00 pm

Baltimore Convention Center — Pratt and Sharp Streets

**The purpose**

of this conference is to increase the participants understanding of current issues in the field of mental health and substance use disorders. The conference this year includes presentations related to: new street drugs, the impact of fentanyl on overdoses, the legalization of marijuana, the opioid settlement funding, the effect of trauma on vulnerable persons, alcohol and the workplace, and the availability of telemedicine to treat opioid use disorders. The Annual Tuerk Conference continues to be the premier conference in the Maryland region for providers, administrators, counselors and advocates to learn about the latest information on events and changes that will affect them. It is vitally important for professionals in this field to stay informed about these changes and their impact on patient care. Other topics that will be covered include: youth and adolescent prevention programs, self-care for counselors, public health responses to sports betting, and the history of the National Council on Alcoholism and Drug Dependence.

**Objectives**

Upon completion participants will be able to:

- 1** Describe the impact of fentanyl on the overdose epidemic.
- 2** Explain how Telemedicine can be used to extend care to persons in rural areas.
- 3** Describe the status of legalization of cannabis in the US.
- 4** Identify how trauma can affect a person's vulnerability to develop an addiction.
- 5** Explain how the introduction of sports betting will affect individuals that suffer from problem gambling.
- 6** Describe the ongoing problem of new synthetic drugs that are being imported to the US.
- 7** Describe the principles needed to produce stronger results in the leadership process.

**PLATINUM SPONSORS**

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 Turning Point Clinic  
 University of Maryland, Drug Treatment Centers  
 University of Maryland, Psychiatry, Division of Addiction Research and Treatment  
 University of Maryland Medical System, EAP  
 University of Maryland, Center of Excellence on Problem Gambling  
 Warwick Manor Behavioral Health  
 Westminster Rescue Mission

## Program Schedule

7:30 – 8:20 am

### Coffee and Registration / Exhibit Area Open

Meet and greet / All Sponsor Exhibit areas are open during this time. All registrants are welcome to attend.

8:20 – 8:30 am

### WELCOME, Opening Remarks

**Rob White, LCPC**, *Chairman, Director External Affairs and Business Development*  
*University of Maryland, Baltimore Department of Psychiatry*

8:30 – 9:30 am



### FENTANYL, Inc.,

**Ben Westhoff**, *Author*

Ben Westhoff is a best-selling, award-winning investigative journalist who writes about culture, drugs, and poverty. His books are taught around the country and have been translated into languages all over the world. His 2019 work *Fentanyl, Inc.: How Rogue Chemists Are Creating the Deadliest Wave of the Opioid Epidemic* is the bombshell first book about fentanyl, which is causing the worst drug crisis in American history. Mr. Westhoff will provide a broad overview of illicit fentanyl, with insights from his five years of reporting on the subject, including its origins, its supply chain, its damage, and potential treatment options. This talk will be highlighted by slides from his undercover infiltration of Chinese fentanyl companies. Since the book's publication, Westhoff has advised top government officials on the fentanyl crisis, including from the US Senate and House of Representatives, the US embassy in Beijing, and the US State Department. He has recently released his new book, *Little Brother: Love, Tragedy, and My Search for the Truth*. Book signings are set up in the lobby during the breaks.

9:30 – 10:20 am



### PLENARY: Mobilizing Recovery

**Ryan Hampton**, *Founder, The Voices Project; Author, Unsettled* (Book signing in lobby)

A prominent advocate, speaker, author, and media commentator, Ryan Hampton travels coast-to-coast to add solutions to our national addiction crisis. In recovery from a decade-long opioid addiction, Hampton has rocketed to the center of America's rising addiction recovery advocacy movement. Ryan breaks down cultural barriers that have kept people suffering in silence and is inspiring a new generation of people recovering out loud through **The Voices Project**. In 2019, Ryan created the national advocacy initiative, **Mobilize Recovery**. Since its inception, **Mobilize Recovery** has recruited and trained over 2,000 new advocates from all 50 states focused on community-based solutions to end the addiction crisis.

10:20 – 11:00 am

**Coffee Break — Exhibit Area Open — Book Signing: Ben Westhoff, Ryan Hampton**

11:00 – 11:45 am



### PLENARY: It's Getting Complicated: From Cannabis & Opioids to Nicotine & Psychedelics

**Ethan Nadelmann, JD, PhD**, *Founder, Drug Policy Alliance; International Drug Policy Reform Advocate*

The world of psychoactive drugs is evolving rapidly – legally, culturally, politically, even pharmacologically. Drugs that not so long ago were widely demonized and criminalized are now becoming legal and even celebrated, while some legal drugs may be prohibited in coming years. Political rhetoric and media coverage of drug issues tend to swing from one extreme of the pendulum to the other. Pecuniary forces are unavoidable – not just in licit and illicit markets but in the powerful role that government action and funding play in drug enforcement, regulation and research. Getting a handle on all of this requires starting with three basic propositions:

- 1 Drugs are here to stay.
- 2 There are no good or bad psychoactive drugs, only better or worse relationships with psychoactive drugs.
- 3 The true challenge is to learn how to live with drugs so that they cause the least possible harm and the greatest possible benefit.

11:45 am – 12:30 pm



### PLENARY: New York City: Paving the Way with Innovative Harm Reduction Strategies

**Michael McRae, PhD**, *Acting Executive Deputy Commissioner, Division of Mental Hygiene, NYC Department of Health and Mental Hygiene*

In November 2021, NYC took historic action against the mounting crisis of opioid deaths, with the opening of the nation's first Overdose Prevention Center (OPC). This strategy is proven to save lives, and is desperately needed at a moment when fatalities are rising fast. OPCs, also referred to as supervised consumption sites or facilities, are safe places where people who use drugs can receive medical care and be connected to treatment and social services. OPC services are proven to prevent overdose deaths, and are in use in jurisdictions around the world. There has never been an overdose death in any OPC. NYC's Overdose Prevention Centers have averted well over 150 overdoses since opening on November 30, 2021 and NYC will soon install Public Health Vending Machines across the city, but these only scratch the surface of the city's work in this area. OPCs are a benefit to their surrounding communities, reducing public drug use and syringe litter. Other places with OPCs have not seen an increase in crime, even over many years.

12:30 – 2:00 pm

**Regular Lunch** — *Grand Ballroom, 4th Floor (lunch included in registration fee).*

**NCADD-MD Awards Luncheon** — *Camden Yards Lobby (additional charge at registration, attendance limited)*

2:00 – 3:30 pm

**Workshops — Session I**

3:30 – 3:45 pm

**Break — Exhibit Area Open**

3:45 – 5:00 pm

**Workshops — Session II** *Workshops will be held twice, once at 2 pm and again at 3:45 pm.*

**Workshops** 2 pm and 3:45 pm**A****It's Getting Complicated: Further Discussion and Q&A****Ethan Nadelmann, JD, PhD, Founder, Drug Policy Alliance; International Drug Policy Reform Advocate**

Nadelmann has ushered the once-marginal issue of drug legalization onto the center stage of US political debate, and has been a strong advocate of less restrictive cannabis laws in the United States, including legalizing the use of cannabis for medical purposes, regulating recreational usage, and imposing civil rather than criminal penalties for those who are caught using or possessing small amounts of cannabis. Based on the morning plenary session, attendees will have the opportunity to explore new strategies and present questions for discussion surrounding Drug Policy Reform, as it relates to drug enforcement, regulation and current research.

**B****The Voices Project****Ryan Hampton, Founder, The Voices Project; Author, Unsettled**

**The Voices Project** is a grassroots recovery advocacy organization that is changing the way America thinks about recovery, one voice at a time. Without civic engagement, organization, and recovery advocacy, millions of people will never access the life-saving support they need. Currently, less than 10 percent of people will ever seek medical help of any kind for their addiction. Hundreds of people lose their lives daily, leaving behind family members, friends, loved ones, children, and community members. Yet, when the recovery community organizes, reform is possible. Activists have successfully accessed funding for recovery support, effective and ethical standards for treatment, and changes to employment processes. When recovery speaks, people listen.

**C****Focus on Novel Benzodiazepines; The Next US Drug Epidemic?****Ben Westhoff, Author, Fentanyl, Inc.: How Rogue Chemists Are Creating the Deadliest Wave of the Opioid Epidemic**

Ben Westhoff is a best-selling, award-winning investigative journalist who writes about culture, drugs, and poverty. The afternoon workshops will allow Ben additional time to delve into the Fentanyl crisis, and will provide time for Q&A. Westhoff's afternoon talk will focus on novel benzodiazepines (i.e. knock-off Xanax and Valium pills) which many believe represent the next US drug epidemic, after fentanyl, and which are increasingly mixed with fentanyl, with deadly results. His books are taught around the country and have been translated into languages all over the world. His 2019 work **Fentanyl, Inc.: How Rogue Chemists Are Creating the Deadliest Wave of the Opioid Epidemic** is the bombshell first book about fentanyl, which is causing the worst drug crisis in American history.

**D****New York City: Paving the Way with innovative Harm Reduction Strategies****Michael McCrae, PhD, Acting Executive Deputy Commissioner, Division of Mental Hygiene, NYC Department of Health and Mental Hygiene**

This workshop will dive in deeper to the barriers the city faced in its efforts to establish this site, and the response it has received from city residents. OPCs, also referred to as supervised consumption sites or facilities, are safe places where people who use drugs can receive medical care and be connected to treatment and social services. OPCs have proven to save lives, and are desperately needed at a moment when fatalities are rising fast. OPC services are proven to prevent overdose deaths, and are in use in jurisdictions around the world. McCrae will discuss other harm reduction strategies that New York City is implementing moving forward.

**E****Creatively and Compassionately Addressing the Impulse to Self-Harm and Relapse****Lisa Ferentz, LCSW-C, DAPA, Founder and President, The Ferentz Institute, Clinical Social Worker, Psychotherapist, Trainer and Educational Consultant**

Many clinicians still insist that clients sign and abide by a standard safety contract as a way to manage self-harm and addictive behaviors. This inevitably creates a power struggle between clients and therapists and forces clients to "white knuckle" their destructive urges without giving them alternative ways to navigate and process the deeper reasons why they relapse and turn to acts of self-destruction. This workshop will offer therapists a viable alternative that helps to de-code the deeper trauma-based communication, metabolize emotions, access clients' creativity and self-compassion, while teaching them healthier ways to self-soothe that don't lead to an endpoint of guilt or shame.

**F****Qigong for Stress Management for Addiction****Mary L. Pinkard, Qigong Instructor for Medical Students and Professionals, at the University of Maryland Medical School and the Institute for Integrative Health**

This presentation on Qigong will demonstrate the ways in which this ancient health practice can be used as another choice for enhancing and balancing the mind, body and spirit in stress reduction. Qigong is both a moving and stationary meditation that opens meridians, massages internal organs, lengthens and strengthens the musculoskeletal systems. Qigong is beneficial for persons with substance use disorders, as well as those supporting them.

**Workshops** 2 pm and 3:45 pm**G****Three Principles of High Impact Leadership****Michael King**, *Director and Creator of The Communities Project*

Michael's passion lies in empowering individuals to find their full potential and reach for the power necessary to bring about social change. His leadership theory is centered around the following beliefs: (1) Leadership is a natural expression – we do not “create” leaders; (2) Leadership development is the process by which an individual determines how they are blocking themselves from their desired results; and (3) When leaders identify their own roadblocks to success, they are able to achieve stronger outcomes, and aid more individuals in their efforts. This workshop will focus on the following principles as a guideline to produce stronger results in that process: Leading with Responsibility; Being Self Reflective and Seeking Feedback; Speaking to and Investing in the Leader within Everyone.

**H****BARBARA AND PHIL MCKENNA INSTITUTE**

Employee Assistance Professionals Association (EAPA), Chesapeake Chapter, initiated the Phil McKenna Institute (PMI) in 2001. Established to honor the memory of Mr. McKenna, the first chapter president by bringing awareness and training to professionals who address the needs of employees and their families. To honor Barbara's many contributions to the field during her illustrious career, we are adding her name to this memorial tribute.

**Caring for Ourselves, Recognizing and Preventing Burnout****Kathleen Crowley**, *LCSW, ACSW, CEAP, Clinical Manager EAP, Adventist HealthCare*  
**Anthony S. Parente**, *MA, LCPS, NCC, MAC, ICGC II, BACC*

With the shortage of mental health providers, pre-pandemic, the concern for burnout is even greater now more than ever. The didactic component for this presentation will enhance the mental health practitioner's understanding of the need for self-care while defining it with concrete and data-supported practical tips but also with an even narrower lens aimed at confronting our own truths. This presentation will highlight the stigma of self-care for our own needs and its ethical imperative for potential impairment. With data to support burnout rates among our mental health colleagues, this presentation underscores the need for self-preservation for sustainability. Finally, as we look forward, this submission offers tools and strategies for better habits. Join us to learn about the benefits of developing your mindfulness practice and for those that you serve. Experience the feeling of well-being and calm that is derived from mindful meditation.

**I****Telebupe Project: Mobile Units on the Eastern Shore****Kelly Coble**, *MSW, LCSW-C, Instructor, Division of Child and Adolescent Psychiatry, and the Program Director, Maryland Addiction Consultation Service (MACS) at the University of Maryland School of Medicine***Eric Weintraub**, *MD, Associate Professor at the University of Maryland School of Medicine and Medical System, Dept. of Psychiatry*

There is a significant shortage of psychiatrists and, in particular, addiction psychiatry in the rural areas of Maryland. In recent years Telemedicine technology such as video conferencing has been successful in extending care to these underserved areas. This workshop will describe the tele-programs that are being designed and delivered to the rural areas in our state. They include direct patient care to patients with substance use disorders and consultation to primary care providers that are treating these patients. Specific programs at the Wells House in Hagerstown and the Health Department on the Eastern Shore of Maryland will be described.

**J****JOANNA FRANKLIN WORKSHOP**

This workshop was established to honor the memory of Ms. Franklin for her outstanding contributions to the field of Gambling Addiction. Throughout her career, she was dedicated to helping the citizens of Maryland understand the problems associated with gambling addiction and had trained hundreds of clinicians throughout the state to be effective with gambling addiction clients.

**Call to Action: A Public Health Response to Sports Betting****Heather Eshleman**, *MPH, Prevention Manager, Maryland Center of Excellence on Problem Gambling*  
**Blair Inness**, *JD, Government Relations Director, Maryland Center of Excellence on Problem Gambling*

Gambling is expanding in Maryland through the legalization of sports betting. Nationally, problem and disordered gambling is increasing and may be attributed to legalization across the country as it removes many barriers to the way individuals can access gambling activities. Problem gambling has not historically been considered or treated through a public health lens, while community-focused strategies utilized in public health would increase awareness and can prevent people from ever developing a problem. In this session, attendees will learn about specific public health interventions, including those successfully used by the Maryland Center of Excellence on Problem Gambling, and how to implement prevention strategies in their organizations that can mitigate the harm for individuals and communities. Strategies discussed will include: screening tools for counselors to utilize when first meeting clients; participating in public awareness campaigns and social media accounts; adding gambling questions to state and national surveys; understanding the risk of co-occurring disorders, and; knowing your community.

**Workshops** 2 pm and 3:45 pm**K****Direct-to-Caregiver Technology-Based Interventions to Address Adolescent Substance Abuse****Cindy M. Schaeffer, PhD**, Associate Professor, National Center for School Mental Health, Division of Child and Adolescent Psychiatry, University of Maryland School of Medicine

The vast majority (90%) of adolescents with a Substance Use Disorder (SUD) never receive any treatment, a situation now made worse by pandemic-related staff shortages in behavioral health care. Most youth who do access treatment are required to do so by a parent or other authority, with no adverse effects on clinical outcomes. In addition to motivating youth to get care, parent involvement in adolescent SUD treatment improves service engagement, youth attendance, and treatment outcomes. In addition, family-based treatments for adolescent SUDs that focus on improving parenting skills and family relationships have strong empirical support for their effectiveness. This presentation will provide an overview of three technology-based, empirically-supported, parent-focused interventions, funded by the Maryland Behavioral Health Administration, that are now available statewide to prevent and intervene early in adolescent and young adult substance abuse: **Parent CRAFT**, an online self-paced skill building course; **iKinnect**, a linked parent-teen mobile phone app system that supports effective parenting; and the **Strengthening Families Program**, involving multiple family groups that can meet through videoconferencing.

**L****History of NCADD National and Moving Forward****Hal Hathaway**, Chairman of the Board, NCADD National**Nichole Dawsey**, Executive Director, PreventEd, NCADD Affiliate, St. Louis, MO

NCADD National is experiencing a resurgence! Learn about the history of the national organization and the status of the efforts underway to resurrect the oldest national organization dedicated to substance use disorders. Network with affiliate directors across the country in a throwback to the former round-robin sessions and hear benefits of joining (or rejoining) the movement.

**M****Behavioral Health Administration Updates: The State of the State****Kathleen Rebbert-Franklin**, Director of Operations, Behavioral Health Administration {BHA}, Maryland Department of Health

This workshop will provide attendees with behavioral health system and service data and information at the state level. BHA priorities will be spotlighted, including crisis service system development for children and adults, peer recovery specialist activities, efforts to address overdoses and suicides, workforce development, and other relevant topics.

**Tuerk Conference Faculty****Kelly Coble, MSW, LCSW-C**

Instructor, Division of Child and Adolescent Psychiatry; Program Director, Maryland Addiction Consultation Service (MACS) at the University of Maryland School of Medicine.

Her clinical training was in Nursing Child Assessment, Trauma Focused Cognitive Behavioral Therapy and Child Parent Psychotherapy.

**Kathleen Crowley, LCSW, ACSW, CEAP**

Clinical Manager EAP, Adventist HealthCare

Kathleen attended and earned her master's degree from the University of Pennsylvania School of Social Work. She earned her Bachelor of Science degree from Stockton University (known then as the Richard Stockton State College) where her internships gave her diverse experiences working with the inner-city Housing Authority in Atlantic City and on an inpatient locked co-ed psychiatric ward of Ancora State Hospital for a full year. She has approximately 30 years' experience working in the mental health field. Her primary focus was in Geriatrics and shortly after earning her master's she was invited to present to the American Geriatric Association on her research related to the impact of education on AIDS in the elderly. Kathleen's clinical focus, shortly after, was on those with

chronic illness (specifically people suffering from Sickle Cell Anemia) at Thomas Jefferson University Hospital in Philadelphia, PA. While at the University of Michigan she provided psychosocial assessments for the Trauma Burn Unit, Lung Transplant and Seizure Disorder Programs. After taking time to raise her 3 children, she returned to work in the field of employee assistance professionals with the United States Postal Service in the Baltimore and Capital Districts, initially as a clinician but then as a consultant. Presently, Kathleen is the Clinical Manager for the Adventist HealthCare LifeWorks Strategies EAP program.

**Nichole Dawsey**

Executive Director, PreventEd, NCADD National affiliate St. Louis, MO

PreventEd works to reduce or prevent the harms of alcohol and other drug use through education, intervention and advocacy. With over 50 years' experience, formerly under the name NCADA (an NCADD affiliate), PreventEd is committed to guiding all people through tough conversations around alcohol and other drugs. This work is rooted in experience, knowledge of best practices and evidence-informed programs.

## Tuerk Conference Faculty

### Heather Eshleman, MPH

Prevention Manager, Maryland Center of Excellence on Problem Gambling at the University of Maryland

Heather currently oversees youth and special populations' Problem Gambling Prevention grants. Heather served as the Alcohol and Substance Abuse Prevention Supervisor at the Anne Arundel County Department of Health from 2006 - March 2019, overseeing the **Substance Abuse Prevention Coalitions**, the **Opioid Misuse Prevention Program**, the **Strengthening Families Program**, the **Fatal Overdose Review Team**, and coordination of the **Students Against Destructive Decisions** chapters. She was the grants administrator at Anne Arundel County Department of Health from 2002- 2006. Heather received her Master in Public Health from the University at Albany School of Public Health and her Bachelor's degree in School and Community Health Education from Towson University.

### Lisa Ferentz, LCSW-C DAPA

is a recognized expert in the strengths-based, de-pathologized treatment of trauma and has been in private practice for over 37 years. She presents workshops and keynote addresses nationally and internationally, and is a clinical consultant to practitioners and mental health agencies in the United States, Canada, the UK and Ireland. She has been an adjunct faculty member at several universities, and is the Founder of **The Ferentz Institute**, now in its fifteenth year of providing continuing education to mental health professionals. In 2009 she was voted the "Social Worker of Year" by the Maryland Society for Clinical Social Work. Lisa is the author of *Treating Self-Destructive Behaviors in Traumatized Clients: A Clinician's Guide*, now in its second edition, *Letting Go of Self-Destructive Behaviors: A Workbook of Hope and Healing*, and *Finding Your Ruby Slippers: Transformative Life Lessons from the Therapist's Couch*. Lisa also hosted a weekly radio talk show, writes blogs and articles for websites on trauma, attachment, self-harm, and self-care, teaches on many webinars, and is a contributor to *Psychologytoday.com*.

### Ryan Hampton

is a prominent advocate, speaker, author, and media commentator. He travels coast-to-coast to add solutions to our national addiction crisis. In recovery from a decade-long opioid addiction, Hampton has rocketed to the center of America's rising addiction recovery advocacy movement. An alumnus of the Clinton White House, he's worked with multiple non-profits and national recovery advocacy campaigns. He is now a prominent, leading face and voice of recovery advocacy and is changing the national conversation about addiction. With content that reaches millions each month, Ryan breaks down cultural barriers that have kept people suffering in silence and is inspiring a new generation of people recovering out loud through his **Voices Project**.

### Hal Hathaway

Chairman of the Board, NCADD National

Hal has been a staunch supporter and volunteer of NCADD-MD and NCADD-National, and is presently leading the movement to bring NCADD National back into the forefront of advocacy nationally, by rebuilding the national coalition of the affiliate NCADD organizations throughout the country. With more than 40 years in finance and real estate, Hal Hathaway heads Thornhill's Brokerage Division. Mr. Hathaway has been with Thornhill Properties, Inc. for 21 years. A former commercial loan officer with more than 30 years in real estate, Mr. Hathaway has brokered and developed real estate from Florida to Delaware.

### Blair Innes, JD

Government Relations Director, Maryland Center of Excellence on Problem Gambling at the University of Maryland School of Medicine.

In her role, Blair works to expand and promote healthy gambling policies across the state of Maryland. Blair provides legal technical assistance on gambling laws, regulations, and policies to members of the state legislature and stakeholders. Blair is also a faculty member of the University of Maryland Carey School of Law where she supervises students in the clinical law program as they work on a variety of public health issues including tobacco control and problem gambling. Blair holds a JD from the University of Maryland Carey School of Law, where she also earned a certificate in health law and was awarded the 2013 student public service award for her contributions to furthering ideals of public service in the law. Blair is admitted to practice in Maryland.

### Michael King

Director and Creator of **The Communities Project**

Prior to working in the addiction and recovery world, he spent over a decade in the political arena, working on presidential, gubernatorial, US Senate and local campaigns. He is a past Campaign Director, Field Director, and Communications Director for the Washington State Democratic Party, and the former Executive Director of the Washington State Senate Democratic Campaign Committee. Michael has worked to organize numerous constituencies, including organized labor, veterans and young people. He is the co-founder of a Washington state based not-for-profit organization aimed at empowering young people and a past Public Policy Committee Co-Chair for **Faces & Voices of Recovery**. As a formerly incarcerated person, he is also 2018 alumni of **JustLeadershipUSA Leading with Conviction™** program, dedicated to furthering the leadership capabilities of formerly incarcerated citizens. Michael's passion lies in empowering individuals to find their full potential to bring about social change.

## Tuerk Conference Faculty

### Michael McRae, PhD

is a clinical psychologist and the Acting Executive Deputy Commissioner for Mental Hygiene at the NYC Department of Health and Mental Hygiene. Anchoring his work in a trauma-and-resilience-informed framework, Dr. McRae centers relationship building, racial and social justice, and inclusion to serve the most marginalized individuals and their communities, particularly with respect to behavioral health issues. Dr. McRae views these as core to his history of effective program and policy development and implementation as well as his ultimate goal of achieving health equity.

### Ethan Nadelmann, JD, PhD

is widely regarded as the outstanding proponent of drug policy reform both in the United States and abroad. He founded and directed first The Lindesmith Center (1994-2000) and then the Drug Policy Alliance (2000-2017). Ethan received his BA, JD, and PhD from Harvard, and a master's degree in international relations from the London School of Economics. He then taught politics and public affairs at Princeton University from 1987 to 1994, where his speaking and writings on drug policy attracted international attention. He authored two books on the internationalization of criminal law enforcement – *Cops Across Borders* and (with Peter Andreas) *Policing The Globe* – and his writings have appeared in most major media outlets in the US as well as top academic journals (e.g., *Science*, *International Organization*), policy journals (*Foreign Affairs*, *Foreign Policy*, *Washington Quarterly*, *Public Interest*) and political publications on the right (*National Review*) to the left (*The Nation*). Ethan co-founded the *Open Society Institute's International Harm Reduction Development* (IHRD) program and has served on the advisory board of the *Open Society Foundation's Global Drug Policy Project* (GDPP) since its creation. He has played a key role as drug policy advisor to the *Global Commission on Drug Policy* and to George Soros and other prominent philanthropists as well as elected officials ranging from mayors, governors and state and federal legislators in the US to presidents and cabinet ministers outside the US.

### Anthony S. Parente, MA, LCPC, NCC, MAC, ICGCII, BACC

is a mental health professional and Addictions Specialist with over thirty-eight years of service in the field. He is a Licensed Clinical Professional Counselor with a private practice in Lutherville Maryland. Mr. Parente is an International Certified Gambling Counselor II in addition to being a Board Approved Clinical Consultant, recognized by the International Gambling Counselor Certification Board. Mr. Parente is on staff as a consultant, trainer, and clinical supervisor with the Maryland Center of Excellence on Problem Gambling in the Department of Psychiatry for the University of Maryland. He is also an employee assistance professional with a specialization in workplace issues and wellness. He is the on-site EAP counselor at Under Armour

Global Headquarters in Baltimore Maryland. He is a former faculty member of the Department of Psychology, Loyola University Maryland where he taught for twenty-nine years.

### Mary Pinkard

has expertise in multiple wellness domains. She has studied under Qigong experts Dr. Kevin Chen from the University of Maryland, Daisy Lee, and Lee Holden. She is certified as a Level II Professional with the National Qigong Association. She also holds certifications in Feng Shui, and obtained training certificates in Yoga and Tai Chi. Mary teaches Qigong classes locally and has worked on wellness projects with GBMC, McDaniel College, University of Maryland School of Medicine, The Tuerk Conference, The Anne Arundel County Department of Social Services, St. Joseph Medical Center, the Institute for Integrative Health, and Walter Reed National Military Medical Center. She continues her affiliations with the American Aerobics and Fitness Association, National Qigong Association, and the American Dowsers Association. She has a degree in Music Education from Skidmore College and a graduate degree in Early Childhood Education from Towson University. The integration of music and wellness education influence her practice and teaching.

### Kathleen Rebbert-Franklin, LCSW-C

serves as the Director of the Service Access and Practice Innovation Division within the Behavioral Health Administration. In this role, she is responsible for increasing access to behavioral health care through points of intervention inside and outside of the treatment and recovery system.

Her scope includes Maryland Commitment to Veterans, peer workforce and peer-led services, crisis and warm lines, interventions in emergency departments and other medical settings, expansion of medications for opioid use disorder, suicide prevention, gambling interventions, behavioral health workforce development, family peer support, and public awareness.

Ms. Rebbert-Franklin previously worked at the Baltimore County Department of Health as Director of the Bureau of Substance Abuse. She also directed treatment programs for those with substance use and co-occurring disorders and practiced as a clinician in a variety of behavioral health settings.

### Cindy Schaeffer, PhD

is clinical child psychologist and an Associate Professor with the National Center for School Mental Health (NCSMH), in the Division of Child and Adolescent Psychiatry at the University of Maryland Baltimore. She received her doctorate from the University of Missouri and completed a post-doctoral fellowship in Prevention Science at Johns Hopkins Bloomberg School of Public Health. Her research focuses on developing, evaluating, and ensuring the successful real-world implementation of interventions for youth involved in (or at risk of involvement in) the juvenile justice system, and for youth who abuse substances.

## Tuerk Conference Faculty

Dr. Schaeffer develops family-systems and other ecologically-based approaches to address the multisystemic risk factors leading to problem teen behaviors. Her work has been largely influenced Multisystemic Therapy (MST), an empirically-supported family-based intervention for juvenile offenders, and much of her work involves adapting this model for new populations (e.g., substance-misusing parents involved in the child protective service system). Her research has been funded by the National Institute on Drug Abuse (NIDA), the National Institute of Mental Health (NIMH), the National Institute of Justice (NIJ), and several private foundations. Currently, she serves as Co-Principal Investigator, along with Dr. Nancy Lever (also at the National Center for School Mental Health), of the Maryland Family and Youth Interventions (MD-FYI) project, a child, adolescent, and young adult focused prevention and early intervention initiative of Maryland's State Opioid Response.

### Eric Weintraub, MD

Associate Professor at the University of Maryland School of Medicine and Medical System, Department of Psychiatry. He serves as the Medical Director of the Alcohol and Drug Abuse Program (ADAP), the University of Maryland Medical Center's (UMMC) Psychiatric Emergency Services (PES), and UMMC's Psychiatric Admission and Referral Center (PARC).

### Ben Westhoff

Ben Westhoff is an award-winning investigative reporter and Executive Editor for Euclid Media Group. His book *Fentanyl, Inc.: How Rogue Chemists Created the Deadliest Wave of the Opioid Epidemic* is the bombshell first book about the fentanyl epidemic. He has advised officials at the top levels of government about the opioid crisis, and been interviewed as an expert commentator in *The New York Times*, on CNN, NPR, and CSPAN, and on full, dedicated episodes of *Fresh Air* and the *Joe Rogan Experience*. His previous book *Original Gangstas* is the definitive work on West Coast hip-hop. He has also written for *The Atlantic*, *The Wall Street Journal*, *Rolling Stone*, and *The Guardian*.

## NCADD Awards Luncheon

This will be a separate lunch with an additional charge, held in the Camden Yards Lobby. The Awards Luncheon is limited to the first 400 that register, and is smaller and quieter. We will be recognizing people that are Unsung Heroes in our field.

The larger, regular Tuerk Conference Lunch (included in the regular price for the conference) will accommodate about 1,000 people seated and served in the Grand Ballroom.

## Registration Procedures

Our registration procedures are on a digital platform via *EventRebel*. You must register online using the registration link only.

**Access the link here: [www.ncaddmaryland.org](http://www.ncaddmaryland.org)**

### Things to note:

- Online registration for individuals and sponsors will begin June 2022. Please visit our website ([www.ncaddmaryland.org](http://www.ncaddmaryland.org)) and follow the links to online registration.
- Registrants will receive conference confirmations via email through *EventRebel*, so be sure to enter your email address carefully when registering online.
- Personal email addresses are preferred, because many government emails go to spam or are filtered.
- On the day of the conference, you will enter your name at a kiosk (*available throughout the 4th floor*). At that time, you will receive a printed badge. You must check in at one of the kiosks the day of the conference in order to receive your CEUs. **PLEASE NOTE** that the CEU process and the CME process are two different things. Do not call the CME office for CEU information.
- Check-in can take place anytime from 7:30 am through 3 pm to eliminate morning registration lines.
- **No printed badges** will be sent out by mail this year.
- Credit card charges will **ONLY** be processed through online registration (*not by fax, phone or mail*).

## Registration Procedures

When registering online, choose one:

<b>Super Saver with Regular Lunch, deadline July 15</b> .....	<b>\$175</b>
Regular Registration, Regular Lunch, <i>deadline 9/10/22</i> .....	\$210
Regular Registration, Awards Luncheon, <i>deadline 9/10/22</i> .....	\$255
Student or Peer Recovery Specialist Discount w/Regular Lunch..... <i>deadline 9/10/22, Student ID or Peer Recovery Certification needed</i>	\$100
Late Registrations: after 9/10/22 .....	\$275

**Sorry, we are unable to accept registrations by fax or phone.**

### General Questions and Information

General Conference Information.....	<a href="mailto:info@ncaddmaryland.org">info@ncaddmaryland.org</a>
Continuing Ed Information.....	<a href="mailto:info@ncaddmaryland.org">info@ncaddmaryland.org</a>
CEU/s.....	Sylvia McCree-Huntley at 410-706-0981
Exhibitors/Sponsors.....	Nancy Rosen-Cohen at 703-606-2897
Volunteers.....	Susan Pompa at 410-978-2534

### Refund Policy

All requests for refunds must be received in writing by 9/1/22.

No refunds will be provided if the conference is cancelled due to unforeseen circumstances or events.

NCADD-Maryland  
28 East Ostend Street, 3rd Floor  
Baltimore, MD 21230

## Planning Committee

Robert White, LCPC, *Chairman, Director of External Affairs and Business Development University of Maryland, Baltimore Department of Psychiatry*

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